Choose at least 3 out of 5 components including a fruit or veggie. You may take 2 fruits \& 2 veggies.
All salads come with a grain.

# April <br> Early Childhood Center Lunch Menu <br> Food Service Director <br> GLC@nsfm.com <br> CAFÉ CONTACT INFO: <br> Katie Mowry 

| ONDAY 1 | TUESDAY 2 | ESDAY 3 | SDAY 4 | FRIDAY 5 |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
| MONDAY 8 |  | WEDNESDAY 10 | THURSDAY 11 | FRIDAY 12 |
| Sausage, Egg \& Cheese on Bagel Bagel Kit <br> SIDES: <br> Hash Browns <br> Fresh Fruit \| Cupped Fruit Choice of Milk | Cheeseburger on a Bun <br> Turkey and Cheese <br> SIDES: <br> Baked Beans <br> Fresh Fruit \| Cupped Fruit Choice of Milk | Hot Turkey \& Cheese Sliders <br> Mozzarella Sticks <br> SIDES: <br> Green Beans <br> Fresh Fruit \| Cupped Fruit Choice of Milk | Macaroni \& Cheese <br> w/ Com Bread Ham and Cheese <br> SIDES: <br> Poppin' Peas <br> Fresh Fruit \| Cupped Fruit Choice of Milk | Turkey and Cheese $\begin{aligned} & \text { SIDES: } \\ & \text { Side Salad } \\ & \text { Fresh Fruit \| Cupped Fruit } \\ & \text { Choice of Milk } \end{aligned}$ |
| MONDAY 15 | TUESDAY 16 | WEDNESDAY 17 | THURSDAY 18 | FRIDAY 19 |
| Texas Toast <br> Grilled Cheese <br> Bagel Kit <br> SIDES: <br> Broccoli <br> Fresh Fruit $\mid$ Cupped Fruit <br> Choice of Milk | $\begin{gathered} \text { Pizza Crunchers } \\ \text { Turkey and Cheese } \\ \text { SIDES: } \\ \text { Mixed Veggies } \\ \text { Fresh Fruit \| } 100 \text { Fruit Juice } \\ \text { Coice of Milk } \end{gathered}$ | Chicken Nuggets w/ Roll Mozzarella Sticks <br> SIDES: <br> Sweet Potato Fries Fresh Fruit \| Cupped Fruit Choice of Milk |  | Pizza <br> Turkey and Cheese $\begin{gathered} \text { SIDES: } \\ \text { Side Salad } \\ \text { Fresh Fruit \| Cupped Fruit } \\ \text { Choice of Milk } \end{gathered}$ |
| Earth Day | UESD | WEDNESDAY 24 | THURSDAY 25 | FRIDAY 26 |
| Fish Sticks <br> w/ Com Bread Bagel Kit <br> SIDES: <br> Green Beans <br> Fresh Fruit \| Cupped Fruit Choice of Milk | Chicken Quesadilla Turkey and Cheese <br> SIDES: <br> Fiesta Corn <br> Fresh Fruit \| 100\% Fruit Juice Choice of Milk | French Toast <br> w/ Sausage <br> Mozzarella Sticks <br> SIDES: <br> Diced Potatoes <br> Fresh Fruit \| Cupped Fruit Choice of Milk | Momma's Meatball <br> With Pasta Ham and Cheese <br> SIDES: <br> Broccoli <br> Fresh Fruit \| 100\% Fruit Juice Choice of Milk | Pizza <br> Turkey and Cheese <br> SIDES: <br> Side Salad <br> Fresh Fruit \| Cupped Fruit Choice of Milk |
| MONDAY 29 | TUESDAY 30 | .FREE Breakfast and Lunch For ALL Students *Menu subject to change. <br> This institution is an equal opportunity provider. |  |  |
| Chicken Nuggets <br> w/ Smiles Bagel Kit <br> SIDES: <br> Carrots <br> Fresh Fruit \| Cupped Fruit Choice of Milk |  |  |  |  |

FOOD MANAGEMENT, ING.

