## Choose 1 Entrée.

Lunch Includes:

Protein ~ Grain ~Fruit~ Veggie ~Milk

Choose at least 3 out of 5 components including a fruit or veggie. You may take 2 fruits & 2 veggies.

All salads come with a grain.



## **Early Childhood Center Lunch Menu**

Gloucester City School District

CAFÉ CONTACT INFO:

Katie Mowry
Food Service Director

GLC@nsfm.com

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
Happy Spring Break				
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Sausage, Egg & Cheese on Bagel Bagel Kit	Cheeseburger on a Bun Turkey and Cheese	Hot Turkey & Cheese Sliders Mozzarella Sticks	Macaroni & Cheese w/ Com Bread Ham and Cheese	<b>Pizza</b> Turkey and Cheese
SIDES: Hash Browns Fresh Fruit   Cupped Fruit Choice of Milk	SIDES: Baked Beans Fresh Fruit   Cupped Fruit Choice of Milk	SIDES: Green Beans Fresh Fruit   Cupped Fruit Choice of Milk	SIDES: Poppin' Peas Fresh Fruit   Cupped Fruit Choice of Milk	SIDES: Side Salad Fresh Fruit   Cupped Fruit Choice of Milk
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Texas Toast Grilled Cheese Bagel Kit	Pizza Crunchers Turkey and Cheese	Chicken Nuggets w/ Roll Mozzarella Sticks	Hot Dog On a Bun Ham and Cheese	<b>Pizza</b> Turkey and Cheese
SIDES: Broccoli Fresh Fruit   Cupped Fruit Choice of Milk	SIDES: Mixed Veggies Fresh Fruit   100% Fruit Juice Choice of Milk	SIDES: Sweet Potato Fries Fresh Fruit   Cupped Fruit Choice of Milk	SIDES: Potato Rounds Fresh Fruit   100% Fruit Juice Choice of Milk	SIDES: Side Salad Fresh Fruit   Cupped Fruit Choice of Milk
Earth Day	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Fish Sticks w/ Com Bread Bagel Kit  SIDES: Green Beans Fresh Fruit   Cupped Fruit Choice of Milk	Chicken Quesadilla Turkey and Cheese  SIDES: Fiesta Corn Fresh Fruit   100% Fruit Juice Choice of Milk	French Toast w/ Sausage Mozzarella Sticks  SIDES: Diced Potatoes Fresh Fruit   Cupped Fruit Choice of Milk	Momma's Meatball With Pasta Ham and Cheese  SIDES: Broccoli Fresh Fruit   100% Fruit Juice Choice of Milk	Pizza Turkey and Cheese  SIDES: Side Salad Fresh Fruit   Cupped Fruit Choice of Milk
MONDAY 29	TUESDAY 30			
Chicken Nuggets w/ Smiles Bagel Kit SIDES: Carrots	Corn Dogs Turkey and Cheese  SIDES: Baked Beans Fresh Fruit   100% Fruit Juice	*N	FREE Breakfast and Lunch For ALL Students lenu subject to change. his institution is an equal	Cons
Fresh Fruit   Cupped Fruit Choice of Milk	Choice of Milk		opportunity provider.	UTRI-SERVE

FOOD MANAGEMENT, INC.